

BeWell by CCA

Introducing the *BeWell by CCA* Member Platform



The *BeWell by CCA* member platform is your **digital hub to access all your EAP services** in one place – anytime, anywhere.

Emotional support

Self-schedule with Master's-level clinicians based on your needs and preferences

Legal & financial support

Access expert legal & financial help for everyday challenges and major life events

Self-guided tools

Explore cCBT modules, meditation modules, micro-training modules, and more

Coaching support

Text-based coaching for personal or professional development

Daily living support

Get personalized resources to save time and support work-life balance

"Perks At Work"

Discounts and preferred pricing from major brands available exclusively to CCA members



Get Support

Access Line: 800-833-8707

BeWell by CCA  <https://www.ccaplatform.com/go/cuny>

